

Please use hand sanitizer before coming into the main range

Please take a quiz or any handouts that are in the front door bin



Class Schedule for:

Saturday, November 7, 2020 & Sunday, November 8, 2020

JOAD Beginner

(Saturday @ 8:30 AM - 10:00 AM)

Group Stretches (10 minutes)

Review last month's Pin Shoot (10 minutes)

Oral Quiz / Review: NTS & Processes (10 minutes)

Blank Bale Shooting (W/E/G) @ 5 M (20 minutes)

Drill (Steps 1-5) @ 9 M (20 minutes)

9 Ball (2T Balloon Game) @ 9 M (20 minutes)

JOAD Intermediate

(Saturday @ 10:30 AM - 12:00 PM)

Group Stretches (10 minutes)

Review last month's Pin Shoot (10 minutes)

Oral Quiz / Review: NTS & Processes (10 minutes)

Blank Bale Shooting (W/E/G) @ 5M (20 minutes)

Drill (Steps 4-7) @ 9 M (20 minutes)

Bowling (2T Balloon Game) @ 18 M (20 minutes)

JOAD Advanced

(Saturday @ 12:30 PM - 2:00 PM)

Group Stretches (10 minutes)

Review last month's Pin Shoot (10 minutes)

Oral Quiz / Review: NTS & Equipment (10 minutes)

Blank Bale Shooting (W/E/G) @ 9 M (20 minutes)

Drill (Steps 4-8) @ 18 M (20 minutes)

Learn/Shoot TR (2P-T Game) @ 18 M (20 minutes)

JOAD Elite

(Sunday @ 2:30 PM - 4:00 PM)

Group Stretches (10 minutes)

Review last month's Pin Shoot (10 minutes)

Oral Quiz / Review: NTS & Equipment (10 minutes)

Blank Bale Shooting (W/E/G) M (20 minutes)

Drill (Steps 7-10) @ 18 M (20 minutes)

Learn/Shoot TR (3-4P T Game) @ 18 M (20 minutes)

AAP Beginner - Elite

(Sunday @ 4:30 PM - 6:00 PM)

Group Stretches (10 minutes)

Review last month's Pin Shoot (10 minutes)

Oral Quiz / Review: NTS & Processes (10 minutes)

Blank Bale Shooting (W/E/G) @ 5M or 9 M (20 minutes)

Drill (Steps 1-8) @ 9 M or 18 M (20 minutes)

Bowling (Bowling Game) @ 18 M (20 minutes)

CIA JOAD & AAP: Class Schedule for November 2020

FINAL SCHEDULE WITH LANE ASSIGNMENTS WAS RELEASED ON: Thursday, November 5, 2020

Saturdays (11/7, 11/14, 11/21; **PIN SHOOT on 11/28**)

- CIA JOAD: Beginner
- CIA JOAD: Intermediate
- CIA JOAD: Advanced

Sundays (11/8, 11/15; **PIN SHOOT on 11/29**)

**NO CLASS ON Sunday, November 22, 2020 due to a personal family emergency/holiday conflict
(a special arrangement has been made with the below groups specifically to accommodate for practice before Pin Shoot weekend)**

- CIA JOAD: Elite
- CIA AAP: All Levels

Class Agendas for this month: [View/Download/Print](#) (each week may be different for each group)



CIA Monthly Class Schedule and Lane Assignments & Weekly Class Agendas & Handouts

<http://californiaindoorarchers.com/program-documents/covid-19-class-schedules-for-2020>



SBAL Open Shooting Schedule Link

<https://www.southbayarcherylessons.com/rates/open-shooting>



SBAL Open Shooting Reservations Link

<http://www.southbayarcherylessons.com/rates/open-shooting-reservations-form>



Purchase SBAL Open Shooting Punch or Monthly Card Link

<http://www.southbayarcherylessons.com/rates/request-to-purchase-an-open-shooting-card>

CIA JOAD & AAP: Class Schedule for

FINAL SCHEDULE WITH LANE ASSIGNMENTS WILL BE RELEASED BY: Friday, December 4, 2020

Saturdays (12/5, 12/12, 12/19 ; **PIN SHOOT on 12/26**)

- CIA JOAD: Beginner
- CIA JOAD: Intermediate
- CIA JOAD: Advanced

Sundays (12/6, 12/13, 12/20 ; **PIN SHOOT on 12/27**)

- CIA JOAD: Elite
- CIA AAP: All Levels

Class Agendas for this month:

- Week 1: (TBD)
- Week 2: (TBD)
- Week 3: (TBD)
- Week 4 (Pin Shoot): (TBD)